

**The CARES Institute's
Experts in Child Abuse and Neglect Lecture Series:
Trauma-Focused Cognitive Behavioral Therapy Considerations for
LGBTQ+ Youth and Their Caregivers**

By Kelly Wilson, LCSW

May 16, 2023

9:00 AM – 12:00 PM

Intended audiences: This presentation is intended for child protection workers, law enforcement personnel, attorneys, physicians, nurses, mental health professionals (including psychiatrists, psychologists, social workers of all levels, and licensed counselors), and all other disciplines not listed.

Live Online Interactive Presentation

To Register, visit:

<https://www.eventbrite.com/e/expert-in-child-abuse-neglect-lecture-series-kelly-wilson-lcsw-registration-602569891767>

Presentation Description:

LGBTQ+ youth are at elevated risk for experiencing additional traumas that are specifically or in part related to their sexual orientation and/or gender identity and expression (SOGIE). This workshop will examine the integration of the Family Acceptance Project's (FAP) Family Support Model into Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) to better meet the needs of LGBTQ+ youth and families. We will identify ways to implement the phases and components of the model through strengths-based, resiliency-building approaches with an emphasis on enhancing the caregiver's potential to be sources of support for the youth.

Learning Objectives: Participants will be able to:

- Explain the process of integrating the Family Acceptance Project's Family Support Model into TF-CBT.
- Describe the relationships between different traumatic experiences and the LGBTQ+ youth population, especially parental and family rejection.
- List key considerations for screening LGBTQ+ youth for trauma and post-traumatic stress symptoms.
- Recognize confidentiality considerations for the application of TF-CBT with LGBTQ+ youth.
- Describe identified strategies for application of TF-CBT components and phases when working with LGBTQ+ youth and their families/caregivers.

Kelly Wilson, LCSW, is a clinician, consultant, and trainer working in Madison, WI. She has over 20 years experience in children's mental health specializing in the treatment of child traumatic stress. Kelly has worked extensively with children in therapeutic foster care and in outpatient treatment settings. She is a nationally recognized trainer of Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS), and Psychological First Aid (PFA). Kelly has a passion for spreading evidence-based assessment and treatment models to frontline mental health professionals using the latest advances in Implementation Science.

Agenda

- 9:00 AM – Integrating the Family Acceptance Project’s Family Support Model into TF-CBT
- 9:20 AM – The intersectionality of trauma and the LGBTQ+ youth population
- 9:50 AM - Break
- 10:00 AM – Trauma screening considerations
- 10:30 AM - Confidentiality considerations for TF-CBT with LGBTQ+ youth
- 11:00 AM – Strategies for application of TF-CBT components and phases with LGBTQ+ youth and their families
- 11:40 AM – Q & A
- 12:00 PM - End of Presentation

Requesting Assistance: If you require assistance with hearing, or vision to make this conference accessible to you, please contact the office at (856) 566-6744 three (3) weeks prior to the conference.

Accreditation: Please contact the CARES Institute at (856) 566-6744 or carestraining@rowan.edu for information about continuing education credits.

* To receive CE credit for this training, you must have attended the **entire** conference and complete the evaluation. Upon completion of the evaluation form, you will receive an attendance certificate including CE information. Please note it may take up to 3 weeks to receive the certificate via email.

Psychologists: Rowan University CARES Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. Rowan University CARES Institute maintains responsibility for this program and its content.

Social Workers: Trauma-Focused Cognitive Behavioral Therapy Considerations for LGBTQ+ Youth and Their Caregivers, Course #4306, is approved by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program to be offered by Rowan Medicine CARES Institute, a division of Rowan University School of Osteopathic Medicine as an individual course. Individual courses, not providers, are approved at the course level. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. ACE course approval period: 07/14/2022 - 07/14/2024. Social workers

completing this course receive 3 Clinical continuing education credits.

Attorneys: An application has been submitted to the Board on Continuing Legal Education of the Supreme Court of New Jersey.

Physicians: An application has been submitted to...

Nurses: NJ Board of Nursing (NJAC 13:37-5.3) states: “A registered professional nurse or licensed practical nurse may obtain continuing education hours from the following: (d)3. Successful completion of continuing medical education courses recognized by the American Medical Association, the American Osteopathic Association or the American Podiatric Medical Association: one hour for each 60 minutes of attendance” therefore, CME credits obtained today may be used in place of nursing contact hours.