

The CARES Institute
Takes Pleasure in Announcing:
14th Annual Best Practice Symposium
May 7, 2020
9:30 a.m. - 4:00 p.m. (Registration at 9 a.m.)

This presentation is intended for child protection workers, law enforcement personnel, attorneys, physicians, nurses, mental health professionals (including psychiatrists, psychologists, social workers, and licensed counselors), and all other disciplines not listed.

Content level: all levels

Venue

The Conference Center at Mercer, 1200 Old Trenton Road, West Windsor, NJ 08550

To Register, visit: <https://www.eventbrite.com/e/cares-institutes-14th-annual-best-practice-symposium-registration-93421035833>

The 12 Core Concepts: Concepts for Understanding Traumatic Stress Responses in Children and Families by Matthew D. Kliethermes, PhD

Presentation Description:

This presentation will introduce the 12 core concepts developed by the National Child Traumatic Stress Network. The core concepts provide information that should be carefully considered by community members and systems working to assess, understand, and support trauma-exposed children, families, and communities using trauma-informed approaches.

Learning Objectives: Participants will be able to:

- Learn and be able to list, define, and identify the 12 Core Concepts for Understanding Traumatic Stress Responses in Children and Families
- Apply the 12 Core Concepts in the context of professional work settings
- Increase empathy for children and families with trauma histories
- Increase capacity to advocate for children and families with trauma histories

Matthew D. Kliethermes, Ph.D., is the Training Director at Children's Advocacy Services of Greater St. Louis (CASGSL) and a Clinical Professor in the Department of Psychological Sciences at the University of Missouri-St. Louis (UMSL). Dr. Kliethermes has over 18 years of experience and extensive training in the field of child trauma. He provides direct clinical services to youth exposed to trauma, supervises mental health trainees, teaches at the undergraduate level, and provides frequent training and consultation at local, state, and national levels. Dr. Kliethermes is a nationally

certified Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) trainer and the author of multiple book chapters and articles pertaining to TF-CBT and childhood trauma.

From Disclosure to Recovery (or Not): Sexually Abused Children at the Crossroads by Andrea G. Asnes, MD, MSW

Presentation Description:

If untreated, the trauma of sexual abuse in childhood is well known to be associated with a myriad of devastating adverse consequences in both childhood and adulthood including mental health and substance use disorders, chronic revictimization, and risky health behaviors leading to ill health and early death. Although evidence-based therapies for children traumatized by sexual abuse are well established and widely available, many sexually abused children do not receive treatment. This workshop will explore barriers faced by sexually abused children and their non-offending caregivers to successful engagement in trauma-based therapy. Both intrinsic and extrinsic barriers will be discussed along with a presentation of an engagement strategy that has shown promise. Participants also will have an opportunity to brainstorm new solutions to the challenge of engagement of sexually abused children and their non-offending caregivers in trauma focused care.

Learning Objectives: Participants will be able to:

- Review the short and long-term consequences of the untreated trauma of child sexual abuse on children and adults.
- Recall the dynamic construct of toxic stress and the emphasis it places on external supports to mitigate the development of toxic stress.
- Consider both the experience of a child's disclosure from the perspective of the non-offending caregiver and the critical role the non-offending caregiver plays in successful engagement in trauma treatment.
- Understand that the multidisciplinary team can be crucial to successful engagement of sexually abused children in trauma treatment.
- Brainstorm innovative solutions to the problem of engagement of sexually abused children in trauma treatment.

Andrea G. Asnes, MD, MSW is an Associate Professor of Pediatrics at the Yale School of Medicine, Director of the Yale Programs for Safety, Advocacy, and Healing, and a board-certified Child Abuse Pediatrician. After receiving a master's degree in social work from New York University, Dr. Asnes completed medical school and residency at the Mount Sinai School of Medicine. She spent two years as a Robert Wood Johnson Clinical Scholar at the University of Michigan before joining John Leventhal, MD in 2005 on the faculty at Yale where she has learned from and worked alongside him since. Dr. Asnes assumed leadership of the Yale Programs for Safety, Advocacy, and Healing in 2019. She is a current member of the American Board of Pediatrics Child Abuse Subboard, has published over thirty peer-reviewed papers, chapters, and invited commentaries, and was a section editor for the 23rd edition of Rudolph's Pediatrics. Her scholarly interests include the support of frontline clinicians in the identification of abusive injury and the engagement of sexually abused children and their parents in trauma-focused mental health care. Dr. Asnes has an abiding interest in physician wellbeing and currently serves as co-chair of the Helper Society Wellbeing Committee and as Graduate Medical Education Director of Resident and Fellow Wellbeing at the Yale-New Haven Hospital. Dr. Asnes also has a career-long interest in medical education. She has previously served as pediatric clerkship director, associate director of the MD/PhD program, and as pediatric residency program director at the Yale School of Medicine.

Agenda

Title: The 12 Core Concepts: Concepts for Understanding Traumatic Stress Responses in Children and Families by Matthew D. Kliethermes, Ph.D.

9:30 AM	Overview of the origins and purpose of the 12 Core Concepts
9:40 AM	Introduction of the 12 Core Concepts for Understanding Traumatic Stress Responses in Children and Families I. Viewing of ReMOVED
11:00 AM	Break
11:15 AM	II. Activities and discussion to initiate application of the 12 Core Concepts
12:30 PM	Lunch

Title: From Disclosure to Recovery (or Not): Sexually Abused Children at the Crossroads by Andrea G. Asnes, MD, MSW

1:25 PM	Consequences of untreated child sexual abuse in childhood and adulthood; Review of the model of toxic stress; Engagement in mental health.
2:55 PM	Break
3:00 PM	The experience of a child's disclosure of sexual abuse for non-offending caregivers
3:30 PM	A multi-pronged strategic model to engage children and their non-offending caregivers in trauma focused treatment
4:00 PM	End of Presentation

Requesting Assistance: If you require assistance with hearing, vision or mobility to make this conference accessible to you, please contact the office at (856) 566-6744 three (3) weeks prior to the conference.

Accreditation: Please contact the CARES Institute at (856) 566-6744 or carestraining@rowan.edu for information about continuing education credits.

*Attendees must attend the entire conference, return a completed evaluation in order to earn CE credits. Attendees who meet this requirement will receive their certificate when they sign out (nurses will receive via email after completing online survey).

* There is no conflict of interest or commercial support associated with this activity.

Psychologists: Rowan University CARES Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. Rowan University CARES Institute maintains responsibility for this program and its content.

Nurses: An application has been submitted to Cooper University Healthcare as an approved provider of continuing nursing education by New Jersey State Nurses Association Accreditation. P# 101-11/20.

Social Workers: An application has been submitted to the Association of Social Work Boards ACE Program.

Physicians: An application has been submitted to Medical Society of New Jersey through the joint providership of Atlantic Health System and the American Academy of Pediatrics, New Jersey Chapter.

Attorneys: An application has been submitted to the Board on Continuing Legal Education of the Supreme Court of New Jersey.