

# Delaware Valley Chapter Webinars



No one should face dementia alone. Join us for our April series of virtual programming. All webinars are free and open to the public.

Register today to attend by phone or online.

For more information about Alzheimer's Association programs and services, contact the 24/7 Helpline: 800.272.3900.

## **Tuesday, April 13, 2021 — Understanding Alzheimer's and Dementia**

*Attend to learn the basics of Alzheimer's and dementia. Explore what happens in a brain impacted by the disease and understand risk factors and three general disease stages. Learn about FDA-approved medications for treating symptoms, hear about the latest research and become familiar with Alzheimer's Association resources.*

11:00 AM-12:00 PM — [Register](#)

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1:30-3:00 PM — [Register](#)

## **Thursday, April 15, 2021 — Understanding Alzheimer's and Dementia**

*Attend to learn the basics of Alzheimer's and dementia. Explore what happens in a brain impacted by the disease and understand risk factors and three general disease stages. Learn about FDA-approved medications for treating symptoms, hear about the latest research and become familiar with Alzheimer's Association resources.*

11:00 AM-12:30 PM — [Register](#)

## **Thursday, April 15, 2021 — COVID-19 and Caregiving**

*Join us to learn about additional precautions you can take to help keep people living with dementia safe during the COVID-19 pandemic, whether at home or in a residential care setting.*

2:00-3:00 PM — [Register](#)

## **Thursday, April 15, 2021 — Effective Communication Strategies**

*Attend to understand how persons with dementia communicate using attitude, tone, facial expression and body language. Learn to decode verbal and behavioral messages and connect in new ways.*

6:00-7:00 PM — [Register](#)

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6:30-7:30 PM — [Register](#)

**Thursday, April 22 2021 — 10 Warning Signs of Alzheimer's**

*This program will help people recognize common signs of the disease. We'll explore typical age-related changes, explain the importance of early detection and the benefits of diagnosis, and identify helpful Alzheimer's Association resources.*

2:00-3:00 PM — [Register](#)

**Thursday, April 22, 2021 — Effective Communication Strategies**

*Attend to understand how persons with dementia communicate using attitude, tone, facial expression and body language. Learn to decode verbal and behavioral messages and connect in new ways.*

6:00-7:00 PM — [Register](#)

**Tuesday, April 27, 2021 — 10 Warning Signs of Alzheimer's**

*This program will help people recognize common signs of the disease. We'll explore typical age-related changes, explain the importance of early detection and the benefits of diagnosis, and identify helpful Alzheimer's Association resources.*

2:00-3:00 PM — [Register](#)

**Wednesday, April 28, 2021 — 10 Warning Signs of Alzheimer's**

*This program will help people recognize common signs of the disease. We'll explore typical age-related changes, explain the importance of early detection and the benefits of diagnosis, and identify helpful Alzheimer's Association resources.*

4:00-5:00 PM — [Register](#)

**Wednesday, April 28, 2021 — Healthy Living for Your Brain and Body**

*Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and tools to incorporate these recommendations into a plan for healthy aging.*

6:30-7:30 PM — [Register](#)

**Wednesday, April 28, 2021 — Understanding Alzheimer's and Dementia**

*Attend to learn the basics of Alzheimer's and dementia. Explore what happens in a brain impacted by the disease and understand risk factors and three general disease stages. Learn about FDA-approved medications for treating symptoms, hear about the latest research and become familiar with Alzheimer's Association resources.*

2:00-3:00 PM — [Register](#)

**Thursday, April 29, 2021 — Healthy Living for Your Brain and Body**

*Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and tools to incorporate these recommendations into a plan for healthy aging.*

2:00-3:00 PM — [Register](#)