

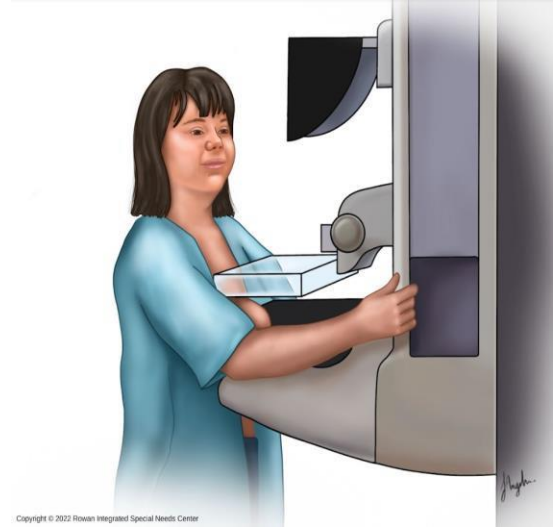


# What is Pap Camp?

Pap Camp is an in-person experience for individuals with intellectual and/or developmental disabilities to learn about the preventative health exam, explore coping strategies, and visit exam rooms.

## Important facts

- Only 15% of women with IDD get routine Pap tests.
- When performed at recommended intervals, Pap tests can prevent at least 70% of cervical cancers.
- Women 21 years and older should have a Pap test every 3 years, even if not sexually active.
- Only 61% of women with a disability had a mammogram in past 2 years compared to 75% of those without a disability.
- Providing education and Supported Decision-Making (SDM) empowers individuals to make decisions that help to protect themselves from abuse.



Copyright © 2022 Rowan Integrated Special Needs Center



## At Pap Camp, they will learn about...

- Skills to cope with feelings of stress and anxiety during a visit
- Permission and consent
- How to talk to their provider
- The exam room
- The pelvic and breast exams
- Advocating for themselves
- Supporting sensory needs
- Developing a care plan

**This event is FREE for attendees**

**If you would like to participate, scan the QR code or click the link below:**

**Dates available as early as  
APRIL 2023!!**



[https://rowan.co1.qualtrics.com/jfe/form/SV\\_0eweNmqG7sRT1hY](https://rowan.co1.qualtrics.com/jfe/form/SV_0eweNmqG7sRT1hY)